

#### Objective:

I am seeking a position with an organization as a Certified Peer Specialist Support Counselor where I may utilize my skills to assist others in fighting mental disorders, gaining self-esteem; and bonding with the community.

#### Summary of Skills:

- Ability to self-identify as a peer and provide support to other individuals through counseling.
- Ability to socialize, empathize, and counsel people in need
- CPR, Heart Defibrillator, and First Aide certified
- Experience of collecting data, establishing facts, and drawing valid conclusions
- Preparing and maintaining paperwork for reference and follow-up keeping records of clients
- Proficient in Microsoft Office software
- Organizing, prioritizing, and executing responsibilities with minimal or no supervision
- Planning and executing recovery wellness programs

#### Work Experience:

2010-Present-

Outside the Walls Ministry, Inc. Gainesville, VA

## **Executive Director**

- Facilitate partnerships with other non-profit organizations 250 to 500 people a year
- Develop agenda and meet annual goals 85% of the time
- Coordinate and schedule events for OTWM fundraising efforts
- Facilitate WRAP sessions weekly
- Identify concerns, develops independent plans, cultivates a sense of self confidence and self-esteem, and help the
  people to explore new feelings, resources, rights and attitudes; and helping individuals with life expectancy skills
- Whole Health Action Management (WHAM) help with diet and exercising

#### 2012-2015

Sacramento Drop-In Center Alexandria, Virginia

#### **Assistant Manager**

- Managed and oversee the kitchen staff and daily meal preparation 6 kitchen staff, 1,248 meals a year
- Facilitate Dural Recovery Action (DRA) plan. Plan is for alcohol and drug abuse, 1,040 people a year
- Conduct AA group meetings approximately 780 a year, 80% remain sober and approximately 10 that I pass the baton to speak at meetings
- Monitor people at the center and assist them with life skills
- Assist consumers in developing communication and social skills, problem solving skills, skills in combating negative self-talk, self-help skills, and support systems

Lonnie Ford, Jr.

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2006-Present

Fairfax County- Fairfax, VA

#### Crew Chief

- Function as team leader while promoting high levels of work performance and employee morale
- Ensure compliance to federal, state and local regulatory standards including safety and health issues
- Identity maintenance problems and hazards, implement corrective actions or refer to Storm Water Management
- Operate heavy and various maintenance equipment
- Clean storm drains; put up and secure barricades, clear debris, dig ditches to relieve water, repair cave-ins
- Prepare daily reports

1995-Current

Federal Emergency Management Agency (FEMA)

#### Fire Fighter/Crew Boss

- Inspect park facilities for adherence to Park Authority standards
- Analyze and resolve employee work problems through application and interpretation of Personnel Polices for my erew
- Maintain attendance and leave records
- Assigning, priorities and utilizing resources effectively while providing oversight of clean-up, mopping, removing stumps and debris from natural disaster whenever a hurricanes or tornadoes occur
- Certified to use heavy machinery such as chain saw, fire engine, brush cutter, chipper and front end loader
- Certified proper hookup and operation of machinery and accessories that are used on the equipment, such as plow, harrow, mower, etc., proper shut down procedures.
- Certified to operate farm tractor, dozer, and wheel loader
- .. Facilitator for eCPR, VOCAl.

#### Awards and Certifications:

- Congressional Black Caucus for community services through Outside the Walls Ministry, September, 2011
- Certificate of Life Membership for faithful commitment to the cause of Christian Missions, Lott Carey, 2010
- Certified Facilitator of Wellness Recovery Action Plan (WRAP)
- Certified Peer Specialist (CPS), 2015
- Certified Food Safety Manager, March 13, 2006

And work for RPSV as a Progarms Coordinator for four center. Restson Dorp in center, Consumers Wellness Center, Merrifield peer resource center

Lonnie Ford Jr.

771 Plantation Parkway, Macon Georgia 31220, Home # 478-259-4578, Cell # 240-474-7687

I am seeking a position where I may utilize my skills and job experiences to participate in the growth of a company's long term goal.

Work Experience

Peer Navigator

Outside the Walls Ministry (OTWM)-Lonnie Ford, President

September 2008 to Present

Macon, GA

I am the Present OTWM, and I make sure the day to day operations are carried out so that we are able to feed as many homeless individuals and families as we can. We also provide showers, a place where homeless people and people in the community are able to use computers as needed to look for housing; jobs, etc . They also have the opportunity to watch TV, receive hot healthy meals, and wash their laundry. According to our books, we have been feeding over 3,000 people monthly for the last three years.

# Awards for OTWM

National Incident MGMT Team Oct 2009

Volunteer of the Year 2009

Congressional Record-Executive Director's Award May 2009 Recovery Team 2003

# Certificates for OTWM

Emotional CPR October 15th & 16th 2018

Building Positive Influential Relationships April 2000

Achievement April 2011

Medication Administration 2000

Introduction to New Directions April 2000

Crisis Prevention/Intervention 2000

First Aid Course April 2012

Peer Specialist October 2012

Heart saver AED 2011

Praising Effective April 2000

Listing to Understand 2000

Making Request That Work 2000 Facilitating Mental Health Recovery including Wellness Recovery Action Plan June 2014

Field Supervisor

Fairfax County

March 2004 to Sept. 2009

Fairfax, VA

My position as a Field Supervisor was to make sure the crew maintained man-holes, street gutters, bridges, national barriers, and we moved supplies, tools and heavy equipment as needed. I was also responsible for completing and submitting daily reports and timesheets to my immediate supervisor.

I received special training while employed with Fairfax County:

Crisis Prevention/Intervention

**Blue Printing Reading** 

Portal Pump & Water Use

Incident Command Training

Power Saws

Standards for Survival

Look UP/Look Down and Look Around

Education

August 2016 to Present

Liberty University

Lynchburg, VA

Bachelor of Science Psychology 2022